

A close-up photograph of a woman lying on her side, receiving a massage. Her eyes are closed, and she has a pleasant, smiling expression. Her skin is smooth and appears to be the focus of the treatment. The background is softly blurred, showing the hands of a masseuse. The overall atmosphere is one of relaxation and pampering.

*Massage
Cosmetics*

The Team

Eefje Oostweegel

Evi Abbühl

Beatrice Isch

Prices in Swiss Francs including VAT.

Please book your appointment at the reception well in advance.

If you are unable to keep an appointment with us,
please cancel your appointment at least 24 hours before it is due to start.
Otherwise we will charge for the treatment.



Massage and Cosmetics

Classical or Sports Massage

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Partial body	25 min	65
Full body	50 min	130
Total Relax	75 min	180

Specials

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Herb stamp Massage	50 min	130
Gemstone Massage	50 min	130
Dry water Massage	60 min	180
Foot peeling and Massage	30 min	80
	60 min	160

Cosmetics

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Beauty Therapy	75 min	170
Facial	50 min	130
Eyelash and eyebrow tinting	30 min	55

Children

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Partial body	25 min	55
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Pregnancy

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after consultation		
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Massage

Classical Massage

This manual massage technique is generally for the treatment of muscle tensions and stiffness due to body stress or pain. The massage aims to improve blood circulation and as beneficial effects may temporarily reduce pain and anxiety, while at the same time may improve skin quality.

Sports Massage

This classic massage is performed with more pressure to enhance the blood circulation, preparing the muscles for physical activity.

Full body massage 50 min 130
This normally includes feet, legs, arms, hands, back, shoulders and neck.

Partial body massage 25 min 65
Back | Shoulders | Neck
Legs | Feet
Face | Neck | Arms

Total Relax

A classic full body massage with just the amount of manual pressure to help relieve the pressure points that may be cause of local pain, like headaches or other sensations like numb fingers.

75 min 180



Cosmetics

Beauty Therapy

Cleansing facial treatment 75 min 170
Gemstone or herb stamp massage

Facial treatment

Facial cleansing 50 min 130
including eyebrow correction

Eyes and eyelashes

Eyelash and eyebrow tinting 30 min 55



Specials

Herb stamp Massage | Evi Abbühl

A light pressure massage with wonderful warm fragrant herbal stamps. The warmth and fragrance reduces stress, thus relieving you from tension and the herbs detoxify.

50 min 130

Gemstone Massage | Evi Abbühl

A light pressured massage with warm precious stones of your choice and their valuable oils. The aim is deep relaxation and to bring harmony to body and soul.

50 min 130



Dry water Massage | Eefje Oostweegel

Ideal for relaxation after a day in the mountains or to relieve stress. A combination of different forms of massage and with a water cushion in the leading role.

With the hydromassage, your brain gets the right signals and you get a feeling of floating. This is the quickest way for your body to recover. This massage brings you into a pleasant deep relaxation.

Combined with an alkaline foot bath, the intensity of the massage is adapted to your needs. Choose handmade organic massage oils for this in Grindelwald.

60 min 180

Foot peeling and Massage | Eefje Oostweegel

With a handmade sea salt scrub made exclusively from organic oils and naturally dried sea salt.

Foot peeling and partial body massage

30 min 80

Foot peeling and full body massage

60 min 160



Children

For children up to 11 years we offer our Classic Massage. This is carried out gently and adapted to the child, with a choice of strawberry or peach oil.

25 min 55

Pregnancy

For a massage during your pregnancy, please consult our therapists. For this, please contact the reception.

